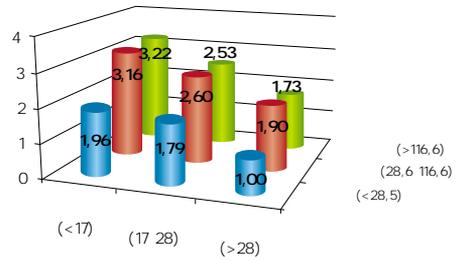


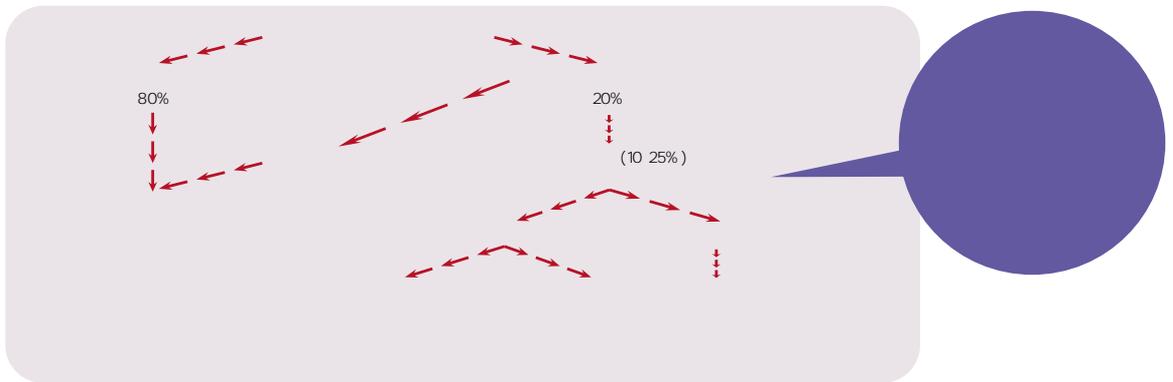
5%                      40                      30%                      60  
 50%                      80

(

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\* Aldoori WH, Giovannucci EL, Rimm EB, et al. A prospective study of diet and the risk of symptomatic diverticular disease in men // Am J Clin Nutr. 1994 Nov; 60(5): 757-64

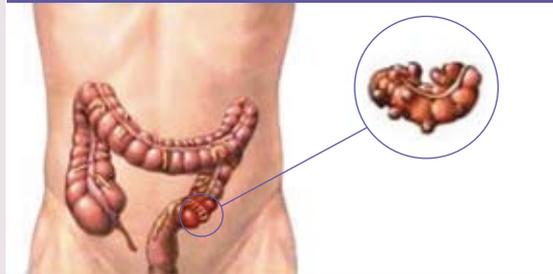
( )

(1500 )

80%

( )

( )



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400 2 ( M1)  
800 2 ( M2) -

10

3

11

1)

(p < 0,0001),

(p < 0,001).



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COLLABORATION<sup>®</sup>

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Di Mario F., Comparato G, Fanigliulo L, Aragona G et al. Use of mesalazine in diverticular disease J. Clin. Gastroenterol. - 40. - 2006. - P. 155- 159.

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(800 )

8

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2002 .

(800 / )  
(2,4 / ) 10

(1,6 / ) 8

78%

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170

200 2 ( 1),  
400 2 ( 2),

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( )<sup>®</sup>



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Plantago ovata ( ) -  
(psyllium).

®

( ).

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®

- 3 6 (10 20 )  
2 3
- 2 3 (6 10 )
- 1 2 (3 6 )  
1 2

1) Fujimori S, Gudis K, Mitsui K et al. A randomized controlled trial on the efficacy of synbiotic versus probiotic or prebiotic treatment to improve the quality of life in patients with ulcerative colitis. // Nutrition. 2009 May; 25(5):520-5.

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